

# Meet SFA Dining's Registered Dietitian

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## FREE SERVICES FOR MEAL PLAN HOLDERS

- General Nutrition Information
- Dietary Restriction Assistance
- Exercise Nutrition
- Balanced Living
- Foods for Medical Conditions
- Made without Gluten Solutions
- Vegan/Vegetarian Solutions
- And More!

**Special Diets:** We recognize various food preferences and allergies among a large campus population and are dedicated to meeting the nutrition needs of our students. Our goal is to provide students with the tools and support they need to utilize the dining halls safely and be active in the management of their food allergy or food-related medical condition on campus.